

## Fancy a Career in Sport and Leisure?

*The Top 10 things you can do that will put you ahead of the competition!*



- *Volunteering - helping out over the long term in any capacity, not just sporting. Recruiting and motivating volunteers is a big part of many jobs in Leisure and it really helps if you've been one yourself.*
- *Working with Children - this can be in any capacity, not just sporting. Being able to relate to children and young people as well as adults is very important.*
- *Personal commitment to sport - you don't need to be an elite performer but you must show evidence of long term involvement in at least one sport.*
- *National Governing Body Coaching qualifications - you can start gaining these from age 16 and putting them into practice will give you invaluable experience and a big head start - not to mention the possibility of well paid and enjoyable part time employment*
- *First Aid - even doing a one day course means you can call yourself a trained first aider and this is another plus for employers*
- *National Pool Lifeguarding Qualification - some employers will put you through this but if you have it already then that is very useful. Courses run locally and are a good investment*
- *Driving Licence - always handy to have even if you don't have your own vehicle*
- *Relevant Part time employment - try to choose part time employment that is related to sport and leisure - having worked as a leisure attendant or sports coach or with children is much more attractive to employers than retail experience for example*
- *A confident, friendly and outgoing manner - this can be demonstrated by the experiences you highlight but it is very important that it comes across at any interview so practice smiling and speaking up!*
- *Make yourself available - unfortunately a career in leisure often means working when everyone else is enjoying their leisure time so be sure that you don't mind working evenings and weekends, at least in the early stages of your career.*